



HealthCare to Community (HC2C)

HC2C are here to support you after you leave the hospital. You may have met us during your hospital stay to discuss self-care after discharge.

To stay healthy, it's important to:

- › Maintain a good relationship with your GP
- › Follow discharge instructions and,
- › Take medications as prescribed

After leaving the hospital, you may receive an appointment with our outpatient clinic nurse. The nurse specialises in chronic heart failure and COPD.



How we can help you

- › Check on your health once you are home.
- › Provide ideas to self-manage your health.
- › Provide care focusing on your health and wellbeing goals.
- › Connect you with services in your community and manage upcoming appointments.
- › Work with your GP to optimise medications and treatment for chronic heart failure.



What is a Patient Care Team Meeting?

A Patient Care Team Meeting (also known as a case conference) is a meeting between you, your carer or support person (if applicable), your GP and the hospital team. We discuss your recent hospital admission, medication history and work out a treatment plan together that meets your goals for your health.

The goal is to help you feel confident about self-managing your health.

