How to contact us

Please feel free to contact us by phone or email if you have any questions before your outpatient appointment or Patient Care Team Meeting.



0434 601 845 Mon-Fri 9:00 - 16:00



AHS.carecoordination@ health.wa.gov.au



Armadale Kalamunda Group

ahs.health.wa.gov.au

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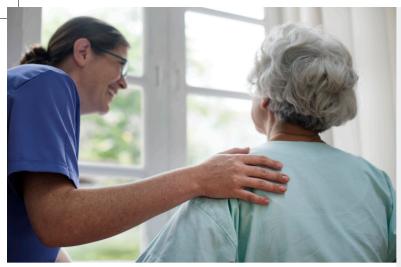


HealthCare to Community (HC2C) Outpatient Services











HealthCare to Community (HC2C)

HC2C are here to support you after you leave the hospital. You may have met us during your hospital stay to discuss self-care after discharge.

To stay healthy, it's important to:

- Maintain a good relationship with your GP
- > Follow discharge instructions and,
- > Take medications as prescribed

After leaving the hospital, you may receive an appointment with our outpatient clinic nurse. The nurse specialises in chronic heart failure and COPD.



How we can help you

- > Check on your health once you are home.
- > Provide ideas to self-manage your health.
- > Provide care focusing on your health and wellbeing goals.
- > Connect you with services in your community and manage upcoming appointments.
- Work with your GP tp optimise medications and treatment for chronic heart failure.







What is a Patient Care Team Meeting?

A Patient Care Team Meeting (also known as a case conference) is a meeting between you, your carer or support person (if applicable), your GP and the hospital team. We discuss your recent hospital admission, medication history and work out a treatment plan together that meets your goals for your health.

The goal is to help you feel confident about self-managing your health.